

LEAD AND COLLAR



December 2013/January 2014

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Events to Note

Jan. 15 Newsletter Deadline for the Feb/March Issue

New Community Canines October 21, 2013



Sandy & Snowy, Lou & Matilda, Brownie, & Rocket,
Sherry & Summer, Mary & Riley

From the President

I cannot thank the members enough for stepping forward and assisting with the CPE/HERDING/AGILITY/OBEDIENCE/RALLY trials all held within a few weeks of each other. We could not have had such successful trials without your help. And the fun evening at Fox Run topped everything.

As the year draws to a close, we turn our thoughts to what we accomplished and set our goals for next year. My personal goal is to train at least once a week at the training building. Darby will be working on Utility exercises and Grayson on accepting the dumb bell! In addition with the agility equipment both donated to the club and loaned for the winter, Grayson will be pounding the mats learning rear crosses, blind crosses and hopefully weave poles.

Anyone that wants to join me is more than welcome to give me a call or email me. It is always more fun to practice with a buddy. For those of you that have training passes, you can always bring a friend for a \$10 drop in fee. And you can use vouchers to pay for the passes.

Many thanks to Gerianne, Deb Stiner, And Erin for either loaning or donating equipment. And thanks to Deb Landon for the plastic jugs to use for tunnel holders.

Classes will resume in January. Please let Lucy know when and what class you can teach. Don't be shy, go ahead and volunteer before Lucy sends out a plea for teachers. It makes for an easier job for Lucy as training director and Caroline as class coordinator for members to step up and offer their services. If you

have not taught in a while, please consider teaching a session next year.

Merry Christmas and Happy New Year. See you at the December General Meeting and Christmas Party on December 14th.

Bert

October Obedience Trial

Erin Embrey

October 2013 marked another successful Obedience trial for BDOC. Many of the exhibitors were thankful for the trial, help and all the prizes that were offered. Peggy Battig took time to make some wonderful High in Trial and High Combined prizes.

Thursday evening we started the process with set up. Deb Landon, Dee Nelson, Linda Puckett, Alberta Gray, Dean and Marlene Lee, Sue Volkmer, Christie Baker, Sharon Dowell and George Embrey showed up to put things together.

We had many club members step up to help make the trial happen. Gerianne Darnell made sure the judges were hired, and I got them housed! Linda Puckett, Deb Landon and Dee Nelson made sure all the ribbons and prizes were in order through the whole weekend. Nora Boyd got our volunteers started and Trisha Burbach took over at the trial to make sure we had people manning the tables. Eric and Caroline Rice brought us food and beverages for the weekend. The chicken noodle soup is always a hit as is the chili! Christie Baker and Sharon Dowell took on the silent auction and did a tremendous job making up the baskets!

Thank you to everyone who volunteered through the weekend and for being flexible with those showing. We are blessed to have a great group of people that work together to get things done.

A huge thank you to everyone that stuck around to clean up. If either of these ladies hire out, Trisha Burbach or Sue Volkmer, I would recommend their skills of house cleaning to anyone! The evening walk was wonderful, but I would highly discourage trying the eu de deer poo that Ellie tried on that evening.

Excellent work everyone and we get to do it all over again in March!

Peanutbutter Cups

INGREDIENTS

→**30 ounces plain or vanilla yogurt** (I like to use plain natural yogurt.)

→**1 cup of peanut butter** (We use a natural variety without additives!)

DIRECTIONS

→**Step 1:** Melt your peanut butter in a microwave safe bowl - 20 seconds does the trick!

→**Step 2:** Combine the yogurt and melted peanut butter, stir until well blended.

→**Step 3:** Pour the mixture into cupcake papers - I like to place them in a muffin tray to reduce the mess.

→**Step 4:** Place in the freezer overnight.

Allow treats to thaw for approximately 10 minutes before serving. As with any treat, make sure your dog doesn't eat too many cups!

Sport Dogs

by Angela Decker

I'm often asked what it is like to own and compete with sport dogs, to which I reply, "*It can be a challenge, and is often a lot of work, but it is also a lot of fun and hardly seems like work to me.*" In my opinion, living with a sport dog is a lifestyle. Similar to having a child who is involved in many after-school activities and sports, you can imagine the time commitment and discipline required. These activities can be very rewarding when your loved one succeeds.

Not to get confused with the class of breed known as *sporting dogs*, a **sports dog** is a dog that competes in dog-related sports. All breeds of dogs can compete in a variety of dog sports, some may be better than others but for the most part, with proper training and a balanced diet, you too can have your dog compete in a sport such as Flyball or Dock Jumping. Dogs best suited for competition already enjoy living an active lifestyle, respond well to being around people and are highly trainable.

The following tips would be useful for anyone who is thinking of signing their pet up for an organized dog sport or multiple sports. Firstly, you will want to start with conditioning your pet. This could mean playing Frisbee at the park, or perhaps going for a run around the block. Not only will your pet benefit from the fresh air and exercise, but you as the owner can also benefit from this healthy choice and use it towards further engaging in a healthy lifestyle while bonding with your pet at the same time.

It might already seem obvious to you, but generally athletic people own or train sport dogs that share in a similar lifestyle as them. Ever heard of the saying, 'Like father, like son'? Well that is the case here; in

order to participate in these events and succeed, a certain level of fitness is crucial. Speaking from personal experience, a good diet, active lifestyle and training are everything you need to be successful.

When competing, I would recommend you start with building a strong training foundation for your dog. This not only means training your dog physically, but also preparing them mentally for what's to be expected leading up to and during a dog sport competition. Depending on the sport, please make sure to offer your dog the proper training as necessary and then customize their exercise routine and diet accordingly. Consult with your Veterinarian, and they can put together a nutrition plan for you to have your pet follow and can suggest supplements or vitamins for them to take to help maintain a healthy and active lifestyle.

If you are part of a training club like I am, they might offer "fun days" where you and your dog can try out new sports in a safe environment. This allows you to learn the rules of the game and what it takes to compete. Don't be overwhelmed, thinking that it's too much of a chore to have your dog compete in dog sports. Like I said before, it can be a lot of work but can also be very rewarding. If you're an athletic and competitive person like I am, than you'll have loads of fun!

Any training that you do with your dog will lead to a happy, healthier and better behaved dog. No matter how bad your day is, a quick play or training session with your dog can only make things better and I guarantee it will bring a smile to your face. **Remember, sports are supposed to be fun, so get out there and get active!**

Dog Training is Simple - Keep it that Way!

Connie Cleveland

As an obedience enthusiast, you are a behavior modifier - constantly modifying the behavior of your canine partner. We are on the cusp of a culture that makes dog training far more complicated than it needs to be. For the next several posts, I'm going to give you some rules to use to keep training simple. Try employing them and see if what you thought was complex becomes remarkably simpler.

Stop Using "To Be" to Describe Your Dog

Do not describe your dog using the word "is." For example, "My dog is shy," "My dog is soft," "My dog is scared," or "My dog is aggressive." When you use a form of the verb "to be" to describe your dog, you are

stating that his personality is unchangeable. Instead, use the verb "to act."

Using the verb, to act, changes the statements to, "My dog acts shy," "My dog acts soft," "My dog acts scared," and "My dog acts aggressively." When you use the verb "to act" instead of the verb "to be", you will see the behavior as something you can change.

Better yet, use the verb "to act" in the present tense. "My dog is acting shy," infers that it is a temporary and current condition, but you intend to change it. "My dog is acting aggressively," would naturally be followed by the statement, "Excuse me while I have a chat with him about this totally inappropriate choice!"

Actions can be changed, DNA cannot. If you believe your dog IS shy, scared, soft, aggressive, etc., you will become crippled in your training of him by his personality. However, if you believe your dog is acting in a certain way, you will treat him very differently because you will believe you can change his behavior.

Recently I was training with a friend. As I finished working one of my dogs, she commented, "He is so complicated." I thought about that for a moment. I had a choice. I could let her comment cripple me. I could believe that and start to doubt myself and my ability to deal with his "complicated" personality. "No," I told myself. I choose to disagree. He is not complicated, he is a dog and he exhibits normal "dog behavior."

Last summer at a seminar a woman raised her hand and asked if this philosophy worked with children. She continued that she had young twins, and that her son was outgoing but her daughter was shy and withdrawn. I have never claimed to know anything about children, but I asked her what she thought her daughter's reaction would be if she told her that she was not shy, that was not how her genetic code wired her to be. Instead, it was how she was choosing to act, and behavior is a choice. She told me she would give it a try.

Several months later we had occasion to chat again and she reported that her daughter was now approaching people, holding out her hand to shake theirs, and introducing herself by telling them her name and saying "I'm not shy!" What an enormous victory in a young person's life.

Have you ever said, "My dog shuts down"? Dogs don't shut down unless handler's let them. A dog's propensity to "shut down" is not part of his genetic code. It is a choice. It is simply a dog that believes that in response to being asked to do something, he has the choice to stop trying or to quit. If you say "My dog shuts down," you are rendered helpless and have to be very careful as somehow you feel responsible for

causing this behavior. However, if you say "My dog is choosing to shut down (to quit)," you will realize that you have the ability to tell him that quitting is not an option.

What statements have you been making about your dog's behavior that you can change using this rule? This week, replace the verb "to be" with the verb "to act."

BDOC Board Meeting

Oct. 23, 2013

Board meeting started at 6 p.m. In attendance were Bert Gray, Gerianne Darnell, Deb Landon, Sharon Dowell, Lucy Hulse, Sharon Brewer and Linda Puckett. Absent was John Wilson.

Minutes of last meetings - Minutes of the last general meeting were approved.

Treasurer's Report - Deb Landon - Treasurers report was presented and accepted.

Training Report - Two classes have just started.

Nominating Committee - John Wilson was nominated to head the nominating committee for board positions.

AKC Agility Trial - Nov. 8 - 10 at Chance Ridge. Entries are down.

Awards Banquet and Annual Meeting - Will be held on Feb. 21 at a location TBD.

New Member Application - Application for membership from Carol Coy was reviewed and voted in by the board. She cannot make tonight's general meeting.

Holiday Party - Dec. 14, 4 p.m. at Caroline Rice's home. Meeting and gift exchange.

Meeting Adjourned at 6:20 p.m.

BDOC General Meeting

October 23, 2013

The general meeting followed our Halloween party and visit at Fox Run retirement community in Council Bluffs.

The meeting started at 7:40 p.m.

Minutes of last meeting - Motion to accept minutes of the board meeting held earlier in the evening made, seconded, passed.

Treasurer's Report - Deb Landon - The herding trial was financially close to how we usually do, even though expenses were higher. The CPE agility trial made money. Treasurers report presented, moved to accept, seconded, passed.

Training Report - Lucy Hulse - Three classes are in progress: agility intro, puppy, beginner.

Obedience Trial - If you have signed up to sponsor classes/prizes at our upcoming obedience trial, get those funds to Linda Puckett. We will have a crate decorating contest. We will have "welcome to the sport" gift bags for Novice A entrants. Need volunteers. Nora is coordinating volunteers and Erin will coordinate onsite.

Trainers Passes - Are available for \$15/month or \$140/year. See Linda Puckett.

AKC Agility Trial - Gerianne Darnell - Dates are Nov 8, 9, 10. Entries are not yet full. Setup will be 6 p.m. Thursday. Judge will rent a car. Need volunteers and course builders.

Nominating Committee - John has been nominated to head the Nominating Committee for club officer positions opening - president, treasurer, training director, one at-large board member. Several officers are considering staying. The annual meeting will be on Feb. 21 at a location TBD.

Christmas Party - Dec. 14, 4 p.m. at Caroline Rice's home in Plattsmouth. Caroline will provide detailed driving directions given the challenges of ongoing road construction in the area. We will have a gift exchange; bring a \$15 or less gift to participate. Side dish/dessert food assignments by first letter of your last name will be sent out later.

Meeting Adjourned at 8:25 p.m. So moved, seconded, passed.

AKC Herding Trial, September 28-29, 2013

submitted by Gerianne Darnell, chairman

BDOC held yet another successful AKC Herding Trial in September. Several new titles, including a Herding Championship, were earned by the participants. A special thanks goes to Sharon Brewer, who did all of the secretary work so efficiently. Those who helped tarp the arena and hold pens on Friday were Darwin Baker, Alicia Robinson, Gerianne Darnell, Deb Landon, Sharon Dowell, George Embrey, and Linda Puckett. On Saturday help was provided by Sharon Brewer, Sharon Dowell, Randy Frady, Darrell Marean, Karen Burks, Susan Scanlon, Dave Landon, Deb Landon, Sue Williams and Gerianne. On Sunday we had Sharon Brewer, Sharon Dowell, Patty Grabow, Dave Landon, Darrell Marean, Jim Hogsett, Sue Williams, and Gerianne. We were cleaned up and done by noon! We were again blessed with beautiful weather, and a good time was had by all (except the sheep!).

AKC Agility Trial, November 8-10, 2013

submitted by Gerianne Darnell, chairman

Our club sponsored a very successful AKC Herding Trial at Chance Ridge in November. We had a terrific judge this fall (Christie Bowers) who really kept things moving. Unfortunately our entry was down from past years, although we still made a nice profit. Thanks to Caroline Rice who purchased the treats and drinks and delivered them to Linda. Club members who helped set up on Thursday night were Mike Stiner, Erin Embrey, John Wilson, Deb Landon, Sandy and Marv Crawford, Mary and Ron Hostetter, Linda Puckett, Bert Gray, Randy Frady, and Gerianne. On Saturday and Sunday club members who helped were John Wilson, Ron and Mary Hostetter, Deb and Mike Stiner, Kerri McCracken, Trisha Burbach, Deb Landon, Bert Gray, Linda Puckett, Erin Embrey, Alicia Robinson, Rosemary Strasser, Marv and Sandy Crawford, Christie Baker, and Gerianne Darnell. A special thanks to Mike Stiner for picking up the U-haul and driving the equipment back to NHS, and also thanks to those who helped unload the equipment, John, Ron, Mary, Rose, and Mike (hope I didn't forget anybody!). Many titles were earned by club members, and I am excited to report that my three-year-old papillon "Robert" earned his MACH at our agility trial, two weeks after earning his CDX at the BDOC obedience trial. BDOC events are good to my dogs! Thanks to all who make my job so easy, most ESPECIALLY Erin, who is always cheerfully working, whether it is getting the volunteers, building courses, or stewarding. Couldn't do it without you!

Trophy Committee

Linda, Dee and Deb

BDOC members are the GREATEST. Thank you all so very much for stepping up and sponsoring classes and breed awards at our obedience trial. We are known for putting on a terrific trial and it is all due to each of you. You make our job at the awards table so much easier. THANK YOU.

Lewis & Clark Dog Show

Lou Meyers



BDOC had an exciting opportunity to promote the club at the Council Bluffs Kennel Club Lewis & Clark Dog Show at the CenturyLink Center Nov. 16 and 17. We had a ring entirely dedicated to promoting Canine Good Citizen, Community Canine (Advanced Canine Good Citizen), Therapy Dog, and AKC Therapy Dog skills as well as demonstrating Backyard Agility.



CBKC's goal was to attract a general audience of people who weren't necessarily interested in competition but in learning more about dogs and how to get started in AKC events. Media promotion of the show, including feature spots on local TV stations WOWT, KETV and KMTV, featured Backyard Agility as well as Conformation and Obedience events.

<http://www.jrn.com/kmtv/news/2013-Lewis-and-Clark-Dog-Show-232146301.html>

<http://www.kmtv.com/events/225030872.html>

There weren't a lot of general spectators on Saturday (Husker home game!) but activity picked up on Sunday. Quite a few competitors were interested in CGC and Therapy Dog information and a surprising number were interested in the concept of Backyard Agility as something they could do "just for fun" without requiring a large investment in equipment.



There was also a lot of interest in Canine Good Citizen and Therapy Dogs. Many people thought that if they took the Therapy Dog or CGC tests and failed the dog could never try again. Others were interested to find out that mixed and non-AKC dogs can compete in many areas and/or earn CGC, CGCA, and ThD titles. We were able to promote BDOC classes and CGC/CGCA testing.



Many thanks to all from BDOC who helped staff the ring and provided great information and answered questions. And, most of all, thanks to Council Bluffs Kennel Club for providing BDOC with such a large amount of prime space - at no charge to the Club!



From Ringside

Icy earned her CDX this weekend at the Council Bluffs show with a first place!! She also earned her MXJ at our show last weekend along with two double Q's and three T2B legs. We are finally a team and having so much fun together!!

Linda

Ellie earned two Major Selects at the Council Bluffs shows and **Levi** earned a Sporting Group 1 in the Fun Match Saturday night.

Sherry



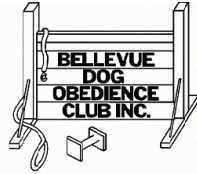
Fun Match - Sporting Group

Congratulations

to all who competed at the Lewis and Clark Dog Shows. Win or not it was a great time to spend with dog friends.



Bellevue Dog Obedience Club of Nebraska



2013 Awards

Dear Club Members:

It's time to submit your titles for 2013. In order to receive an award, a member must be "active". You are an active member if you have given six hours of service to the club in 2013, which could include attending the general meetings, participating on a committee, helping with trials, etc. Please indicate on the form what six hours you have contributed to the club. BDOC currently offers a plaque for each dog with a "bar" for each title earned. Each year you will add new title bars to your plaque for your dog. There is also an award for "Competition Dog of The Year" which recognizes the top six scores earned in AKC obedience competition from the regular classes. We will be awarding the "Jackie Griffith Memorial Award", given to the Highest Scoring Active Member's dog in regular classes at the 2013 BDOC obedience trials in March and October, along with the "Beginner Novice" award (previously the pre-novice award) for our BDOC trials in March and October. If you showed in Beginner Novice or the regular classes at either of the 2013 BDOC obedience trials, please submit those scores below. There will also be an award for CGC and CGCA titles earned by club members in 2013 and for those who have earned the RAE title. Another special award is the Carol Wilson/Marge Danielson Memorial Award for the highest score earned in Novice A, Open A, or Utility A at any obedience trial (not just BDOC trials) during 2013.

Please return the following information to Gerianne Darnell, 11092 240th Street, Council Bluffs, IA 51503 by January 20, 2014. If you have any questions, call Gerianne (712-526-2252) or Linda Puckett (402-593-0703) or e-mail Gerianne at geriannedarnell@aol.com. Please copy this form if you have earned a title on more than one dog. You **MUST** send this form via U.S. mail, don't put the info in an email, please. You can send your pictures via e-mail (info on that later), but please send this form back in the mail.

I will again be putting your dogs' pictures in the program, so e-mail any pictures you have of your dog to Gerianne. You do not have to have received an award to have your dog's picture in the program. Also, please send any pictures of club events that you have. Please indicate on the form if this is your dog's first title and you need a plaque for your dog. I am going to re-vamp the awards program this year, there will be one page for each dog, or you can put all of your dogs on one page too. thanks, Gerianne

**Please send the following to Gerianne, one form for each dog:
BDOC 2013 AWARDS**

Member's name: _____

Dog's breed, registered name including titles, and call name: _____

Does this dog need a plaque? _____

Telephone Number and e-mail address: _____

Title(s) earned: _____

Please indicate the date of legs for titles earned, the name of the show, scores, placements: _____

If applicable, list your top six AKC regular obedience scores (not rally) for 2013. You can list a fewer number of scores if you don't have six (date, show & score):

What was your class & scores at the 2013 BDOC obedience trials (March and October)? (include beginner novice but not grad novice or grad open.) _____

Please indicate if your dog earned a CGC, CGCA and/or an RAE in 2013: _____

Highest Score in Novice A, Open A, or Utility A in 2013 at any AKC obedience trial, (not just BDOC's trials): _____

Indicate what six hours of service you gave to BDOC in 2013: _____